SportsCardiologyBC is currently recruiting control participants for an exciting new study examining the link between the hypertensive response to exercise (HRE) and atrial fibrillation (AF). This research is being conducted at the UBC Hospital.

Who is eligible?
- Must be over 18 years of age
- No prior diagnosis of hypertension or atrial fibrillation

Participation in the study is:
- Voluntary and non-invasive
- Consists of attending a screening session that inclusive of an online questionnaire, resting 12-lead electrocardiogram (ECG), exercise stress testing followed by a 24-hour Holter monitor
- Following this initial testing, as a participant in the control group, you would be asked to come back to the hospital at a time of convenience at 3, 6, and 12 months after your initial screening to complete a 24-hour Holter monitor

Participants will personally benefit from gaining knowledge of their cardiovascular functioning while simultaneously contributing to the broader medical, health, and exercise communities.

If you are interested in participating or for more information please contact: Samantha Pyke at 604-822-6961 or email scbc.research@vch.ca