

Young Athlete Cardiovascular Screening

What is the program?

We will be screening athletes for cardiovascular disease. With your consent, this data will be stored in a research database which will be used for future cardiology research.

Why is screening important?

These screenings will help identify possible abnormalities. Participation in sporting activities may predispose athletes with underlying cardiovascular conditions to life threatening heart rhythms during exercise. Although very rare, sudden cardiac death is the leading cause of death in athletes. Up to 80% of athletes were previously asymptomatic.



Is there a fee?

SCBC is pleased to offer this program to all eligible young athletes at no charge.

What is involved?

A 10-minute session where you will complete a consent form, a medical questionnaire and a 12 Lead Electrocardiogram (ECG). The ECG is painless and non-invasive.

Where will the testing take place?

The screening will be conducted at team facilities or at the SportsCardiologyBC clinic in UBC Hospital.

What do I need to bring?

You need to bring your Care Card/MSP/Health Card.

How do I sign up?

Simply contact your coaching staff to register for the program.

Who do I contact for more information?

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